

3750 NEWS

N. LAKE SHORE DRIVE

SEPTEMBER, 2022

AUTUMN IS HERE Beautiful cool weather, with much to do and much to think about...

But before we move on we must thank the team that put our "Fiesta" together! Andrea Hasten, Gary Heiferman, Mary Jane Fernandez, Pat Casey and Terese Ross. Thanks too to Jerry Hocker for his help selecting the music. Great job by those who decorated and selecting the menu!!! Antique Taco delivered the goods and 95 guests came to party. Thanks too to our wonderful staff- Drago, Hector and Elisa for making sure we had music, drinks and everything else we needed.

IMPORTANT UPDATES AND REMINDERS FROM THE BOARD

REMINDER: NEWSLETTERS ARE NO LONGER DROPPED AT YOUR DOOR. THOSE OF YOU WHO REQUESTED A PAPER COPY MAY PICK IT UP WITH THE GRACE STREET DOORMAN. IT'LL BE LEFT IN AN ENVELOPE WITH YOUR NAME ON IT. OTHERS WHO WISH TO CONTINUE RECEIVING A PAPER COPY ARE TO NOTIFY LINDA STERN AT lakey3750@gmail.com.

Annual Shareholder Meeting and Voting for Board members: Meeting to be held at 8PM, Tuesday, October 25th in the Garden Court. Registration will begin at 7PM in the Grace Street Lobby.

Nominated for three year terms are:

David Narwich 4B slated for his second term

Ken Ross 16B slated for his first term

Carson Shearon 4E slated for his first term

Electronic Scrap Recycling

November 5th is the tentative date for 3750's first e-scrap recycling event. Bins will be available three days prior for deposit of non-sensitive items. Sensitive items like computers, cell phones, tablets, etc. should be hand delivered to the truck on the day of pickup to establish chain of custody. Most items with cords or batteries are acceptable. Items with cathode ray tubes (vintage tvs) and light bulbs are NOT acceptable. A complete list and instructions will be sent to you upon confirmation of the date.

Community Update

We must continue to be extremely careful. While carjackings are down, thefts in the neighborhood are up, close to what they were before Covid. Catalytic converters are a hot item and are frequently stolen. Many of the thieves are armed. Please pay attention to what's going on around you and always stay safe.

The Bank of America Chicago Marathon is coming...

Sunday, October 9th, at 7AM on Columbus Drive. The outer drive will remain open throughout the race. The race will come north on the inner drive to Sheridan Road, turn west to Broadway, then south on Broadway and continue south on Clark at Diversey. The participants will be circling 3750 approximately from 7AM to 12PM. Watch for no parking signs in the neighborhood and probably a good plan not to drive anywhere that morning.

1

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ENTERTAINMENT and OTHER STUFF!

Still time to have the last few meals outdoors without needing to the heaters. Enjoy!!

LIVE PERFORMANCES

All the local theater and concert series have begun. Check out websites for the Lyric Opera, the CSO, The Goodman, Broadway in Chicago, Time-Line Theater, Steep Theater, the Joffrey Ballet and others for schedules, series and pricing. They're back!!!

FOOD, DRINK and TRAVEL

Some coffee and dining suggestions from Virginia Miller 2A...

Klein's Bakery and Cafe

At 4155 Broadway. We've had their coffee, some of their savory and sweet pastries, and have had some cakes made there. They also have some light lunch entrees. There are a few outdoor tables and they're handy to the Uptown Library.

BienMeSabe

A Venezuelan restaurant with outdoor seating at 1637 W. Montrose. (There is also a small branch on West Adams in the loop which I haven't tried.). They have a wide selection of arepas with fillings, and a large menu of traditional Venezuelan dishes, which until recently were almost impossible to find in the US. (When I was in college I spent a summer in Caracas where I became familiar with the food.). Reservations are available.

Shokran

Moroccan food at 4027 W. Irving Park, on the south side of the street just east of the entrance to the expressway. Small, friendly, with a good choice of typical Moroccan dishes like couscous and tajine. It's BYOB. They take reservations and street parking is easy.

And from Linda Stern 10G

90 Miles Cuban Cafe Logan Square

An authentic Cuban Restaurant at 2540 W. Armitage, just west of Western, 3101 N. Claybourne and 850 W. Superior. I was searching for a Cuban sandwich. There are some closer but the restaurant on Armitage is delightful. Lots of outdoor and indoor seating. Lots of Cuban music and a real Cubano with either fried yucca, tostones or maduros on the side. French fries if you must. 90 Miles on Armitage serves lunch and dinner. The one on Clybourne is closer to us and better for takeout. W. Superior only open at night. After you see the movie, "Chef", you'll be looking for a Cubano too.

A Recipe from Virginia Miller 2A

Berry Blue Salad Serves 4

Ingredients

8 cups loosely packed baby field greens

1/2 cup fresh blueberries

1/4 cup blue cheese crumbles

1/4 medium red onion, thinly sliced

1/3 cup extra virgin olive oil

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1/3 cup orange juice
1 tbsp fresh lemon thyme leaves (or regular thyme plus 1/2 tsp lemon zest)
1/2 small shallot finely chopped
1/4 tsp ground black pepper
1/4 cup roasted sliced or slivered almonds

Place greens, blueberries, blue cheese and red onion in a large serving bowl.
In a smaller bowl whisk together olive oil, orange juice, thyme leaves shallots and pepper.
Toss greens with dressing and garnish with almonds.

Turn this salad into a main course by serving it on a platter topped with sliced grilled chicken, turkey breast, sliced pork tenderloin or grilled tempeh. Delicious with crusty bread.

A Memorable Trip to Bam from Leora and Mehdy Douraghy 7G

The property of Bam and its Cultural Landscape is located on the southern edge of the Iranian high plateaus, in Kerman Province, in south-eastern Iran, close to the Pakistan border.

When you travel directly to an ancient site like Bam by air, suddenly you are there, you visit the site and soon afterwards you are back where you started. You may feel later like having visited and interesting exhibit in a museum.

In contrast, when you travel to the same site by car, you travel roads once traveled by merchants from many parts of the Middle East and local people who have lived in the area for thousands of years, all of whom left markers along the way....a crumbling caravanserai, remnants of a mud brick village....visited by tumbleweeds and occasional puffs of dust-filled wind. That is the road to Bam, the thousand year old abandoned city that dominated an ancient central Asian trade route.

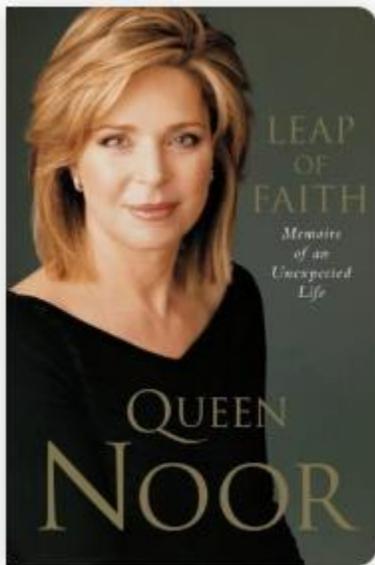
You can look up pictures of Bam on Wikipedia and you can imagine how I felt climbing around the ancient streets leading to the top of the highest building and having the guide point out the specific areas that had once housed merchants from different cultures and different religions from all over Central Asia and the Middle East before a sudden invasion put an end to trade in the area.

At present it may not be so easy for you to visit, but all things change with time, so put it on your bucket list for the future.

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3750 Book Club Meet for October



Leap of Faith: Memoirs of an Unexpected Life

Queen Noor, Leena Nivala (Translator)

[Leap of Faith: Memoirs of an Unexpected Life by Queen Noor | Goodreads](#)

Leap of Faith is the dramatic and inspiring story of an American woman's remarkable journey into the heart of a man and his nation. Born into a distinguished Arab-American family and raised amid privilege, Lisa Halaby joined the first freshman class at Princeton to accept women, graduating in 1974 with a degree in architecture and urban planning. Two years later, while visiting

her father in Jordan, she was casually introduced on the airport runway to King Hussein. Widely admired in the Arab world as a voice of moderation, and for his direct lineage to the prophet Muhammad, Hussein would soon become the world's most eligible bachelor after the tragic death of his wife. The next time they met, Hussein would fall headlong in love with the athletic, outspoken daughter of his longtime friend. After a whirlwind, secret courtship Lisa Halaby became Noor Al Hussein, Queen of Jordan.

With eloquence and candor, Queen Noor speaks of the obstacles she faced as a naive young bride in the royal court, of rebelling against the smothering embrace of security guards and palace life, and of her own successful struggle to create a working role as a humanitarian activist in a court that simply expected Noor to keep her husband happy. As she gradually took on the mantle of a queen, Noor's joys and challenges grew. After a heartbreaking miscarriage, she gave birth to four children. Meshing the demands of motherhood with the commitments of her position often proved difficult, but she tried to keep her young children by her side, even while flying the world with her husband in his relentless quest for peace. This mission would reap satisfying rewards, including greater Arab unity and a peace treaty with Israel, and suffer such terrible setbacks as the Gulf War and the assassination of Prime Minister Rabin.

Join us for a lively discussion of this book on Monday October 17 @ 7:00pm in the Grace Street Lobby. Please RSVP Todd Cannon 4B at toddcannon@comcast.net or 312-841-9795 if you wish to attend.

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**CELEBRITIES IN OUR MIDST
THE AMERICAN THEATRICAL HOSPITAL
MOVES TO LAKEVIEW (1917)
PART II of III**

By Todd Cannon, 4B

Part I in last month's newsletter described the founding of the American Theatrical Hospital in 1913 at Hoyne avenue and West Monroe street by Dr. Max Thorek. This facility quickly outgrew the wide variety of professional entertainers such as actors, actresses, musicians, circus and carnival performers, road show workers, and others in the 'amusement professions' who flocked to the new hospital which offered charitable medical care. To accommodate a growing number of patients, a decision was made to build a new and larger hospital in Lakeview at 850 West Irving Park boulevard which was begun in 1917 and operated until about 1930. Following construction of our own 3750 building and of the neighboring 3800 building to the north, residents of these buildings in the late 1920's would likely have seen in the neighborhood such celebrities as the Marx brothers (Groucho, Harpo, and Chico), Sophie Tucker, Al Jolson, Sarah Bernhard, Mae West, Buffalo Bill Cody (all known to have been patients at the hospital) along with many more famous and not so famous persons.

FILMS OF ACTORS' HOSPITAL.

**Movies of Construction Work to Be Made Saturday—
Twenty Stars To Take Part in Benefit.**

"Moving pictures of construction work on the new American Theatrical Hospital, Sheridan road and Irving Park boulevard, will be taken Saturday. One copy of the film will be placed in a hermetically sealed case with a history of the movement and sealed in the wall behind the cornerstone. Officers and members of the organization and a number of theatrical celebrities will be included in the film. An all star cast of twenty members will constitute the program to be given at the benefit for the hospital association Sunday afternoon, May 14, at the Auditorium Theater." (*Chicago Tribune*, Chicago, IL, Thursday, 4 May 1915, p. 3)

A second annual ball to benefit the hospital was held in December 1915: "The proceeds will go to support the new and completely equipped hospital now nearing completion at 850 Irving Park boulevard, just west of Broadway. Later it is planned to add a nurses' home and diagnostic and research laboratory. The hospital section is expected to be ready for occupancy by Jan. 1....

Among the features of the ball will be a midwinter circus with elephants, horses, dogs, and monkeys, tumbling and acrobatic acts. There will be a scene showing the actual making of a moving picture film. The grand march will be led by the Essanay movie stars. Miss Nell Craig and Bryant Washburn. There will be special society and fancy dancing acts between dances. Late in the evening a 'theatrical revel' is in the cards. This will be attended by most of the actresses and actors engaged in Chicago at that date." (*Chicago Tribune*, Chicago, IL, Sunday, 10 December 1915, o, 5)

The hospital opened its doors in May 1917. Less than a year later, the trustees placed the hospital at the disposal of the Liberty War Association for Medical and Surgical Relief and to be known as Hospital Unit #1:

THESE PATRIOTS REFIT THE UNFIT FOR WAR SERVICE

Doctors Remedy Flaws of Those Who Can't Pay for Aid.

"An unpretentious five story brick building (at 850 West Irving Park boulevard) on Chicago's north side houses the war's greatest industry, a 'factory' which turns out human beings 100 per

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cent perfect. It rebuilds and makes over American citizens who wish to become American soldiers. One would be surprised at the number of men who face pain with a smile that they may shoulder a gun.

Professional men, surgeons, physicians, and dentists contribute their services....A pamphlet issued by the association explains its aims thus:

‘To fit and refit—prepare and repair.

‘To fit by medical and surgical treatment men disqualified by minor physical defects from entering into the army and navy service.

‘To refit by medical and surgical attention for civil avocations, soldiers and sailors injured in the war.’” (*Chicago Tribune*, Chicago, IL, Wednesday, 6 March 1918, p. 5)

Following the end of the Great War, the American Theatrical Hospital benefit performances and charity balls resumed with such names as Will Rogers and Eddie Cantor assuming duties as master of ceremonies. The eighteenth annual benefit for the American Theatrical Hospital held in October 1930 appears to be the last of its kind and no future mention of the “Theatrical” hospital is found in the newspapers after this date. The original building built in 1917 at 850 West Sheridan boulevard was torn down and replaced by what is now Thorek Hospital



The American Hospital pictured above opened in 1917 at 850 West Irving park road. From *History of Medicine and Surgery in Chicago*, 1922. The facility was later rebuilt and renamed Thorek Memorial Hospital.

Dr. Max Thorek, founder of the American Theatrical Hospital died 25 January 1960 at his home at 3920 Lake Shore drive;

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MAX THOREK, PHYSICIAN AND EDITOR, DIES

“Dr. Max Thorek, 79, founder of the International College of Surgeons and founder and chief surgeon of American Hospital, died of a heart attack Monday night in his home.

Dr. Thorek was attending surgeon at Cook County hospital, professor of surgery at Cook county graduate school of medicine, and consulting surgeon to the Municipal Tuberculosis sanitarium. He had been decorated by more than a score of governments for his work in surgery. He was also the editor of the Journal of the International College of Surgeons, 1516 Lake Shore dr.” (*Chicago Tribune*, Chicago, IL, Tuesday, 26 January 1960, p. 1)

As noted above, Dr. Thorek resided at 3920 Lake Shore drive at the time of his death in 1960 and he has a close association with this neighboring building to the north of 3750.

PART III to follow: The 3920 co-operative apartment building is built in 1926 (at the same time as our 3750 building) on land owned by Dr. Thorek. During construction, Dr. Thorek purchased the 3920 duplex penthouse apartment only to be refused entry to the building and to his apartment by the 3920 Lake Shore Drive Building Corporation.

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